

Positive Statements

1. Define the word "positive."
2. So what would a positive statement be?
3. What do you think of people who are negative all the time?
4. Does it help you when you make negative statements? What does it do?
5. How do you feel when you are making negative statements?
6. When you make negative statements because you are angry, is that a good way to deal with your anger?
7. Why might it be a good way to deal with anger?
8. Why isn't it a good way to deal with anger?

9. What happens when you are angry and continue to make negative statements?
10. When you make negative statements when you are doing positive corrections does it show that you are trying to correct your mistakes?

What does it show?

11. What are some other ways that are more helpful and appropriate to deal with your anger than to make negative statements?
12. What would help you to make less negative statements?
13. If you are angry, but continue to make positive statements, how does that affect your teaching interaction?
14. What do people think of you when you are positive all the time?
15. Does that help you?
16. If you are always positive, how will that help you in your peer relations, teaching interactions, at school, and with your family? (Write about each.)