

## **In-home Respite Care**

In-home respite care for use with Reactive Attachment Disordered children:

1. In-home service to break up series of severe youth acting out behavior, out of instructional control.
2. In-home respite scheduled for the 2<sup>nd</sup> day of acting out behavior. We know the day is going to be another day of acting out when the child is observed before school. If out of instructional control before school bring in respite to pick up child from school.
3. Respite goes from after school to the time the child is in bed. It is best if the respite person meets the parent wherever they pickup the child after school and then takes responsibility for the care of the child.
4. Respite care person provides help completing chores, school homework, therapy homework and cleaning up as necessary for damage youth engaged in before the respite day.
5. Respite person does not issue consequences, instead uses small rewards to motivate youth to complete task. They also repeat the instructions they wish the child to follow until the child completes the task.