Activity—Intensive Teaching

Using the skill of Intensive Teaching, how would you respond in the following situations?

1. Your child comes home from school and throws their bag on the kitchen table hard enough to make a very loud noise and tip over a vase.

Your response to each behavior:

Your child: *"I don't care!"*

Your child: *They ignore you by sitting on the floor, folding their arms, and frowning.*

Your child: *"Leave me alone! What do you care?"*

Your child: *Walks past you and goes into the kitchen and opens the fridge, saying "I hate living here! Don't you ever go grocery shopping?"*

Your child: *Pours a glass of milk and sits at the table. Does not say anything.*

Your child: *Looks at you and says, "Can't you tell I'm having a bad day?"*

Your child: *Puts head down on the table and starts crying.*

2. Your child starts an argument with their sibling about the television.

Your response to each behavior:

Your child: *"He started it!"*

Your child: *"Why are you picking on me? I told you he started it!"*

Your child: *Throws the remote control and yells, "You are so unfair! I hate you! I hate you! I hate you!"*

Your child: *Starts wailing and crying very loudly, getting louder every time you talk, overpowering you.*

Your child: *Stops crying and starts watching television. "I'm going to watch whatever I want!"*

Your child: *Turns off the television and goes to their bedroom.*

Your child: *Stays in room for ten minutes and then comes out and sits on the living room couch.*

Your child: *Looks at you, but does not say anything.*

Your child: *Looks at the floor and mumbles, "I'm too upset to talk because you are being so mean to me."*