

Activity—Consequences for Corrective Teaching

Pick one or more of the following activities and complete it.

Extra Chore Jar

On strips of paper, write extra chores. Put the strips of paper in a jar. When a child earns a negative consequence, have him pick a chore from the jar. Examples of extra chores may include: folding one load of laundry, picking up ten pieces of garbage, washing fingerprints off of the windows, emptying the kitchen trash can, helping with dinner, etc.

List of Consequences

Make a list of specific inappropriate behaviors. Next to each behavior, list a negative consequence that the child has earned for engaging in the inappropriate behavior. For example:

Behavior	Consequence
<i>Swearing</i>	<i>Picking up dog poop in the yard</i>
<i>Arguing</i>	<i>Vacuuming the living room</i>
<i>Fighting</i>	<i>Washing the car</i>
<i>Coming home late</i>	<i>Coming home early the next night</i>

Target Behavior

For two or three days, choose one of your child's most disruptive behaviors. Practice being consistent by following through with a consequence for that behavior *every single* time it occurs. Do your best with the others. Focus on the one behavior, and track how many times your child continues to use the behavior. Don't forget to praise them when they don't engage in the behavior.