

Making Decisions

Family meetings are a great time when all family members get together to share information and make decisions.

- Children can share in making routine decisions that affect the whole family.
- Kids will be happier if they have a chance to give their input when decisions are made.
- Parents will be happier if they set limits beforehand as to what the children can decide.
- By setting limits, you allow your kids the opportunity to learn how to make decisions effectively (as discussed later, in Class #10)

Exercise #5.2

What are some routine decisions your kids can help you make this week? What limits would you set?

Decision	Limits
Choosing a movie	Must be G or PG rated
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____