

Activity—Pairing Consequences with Behaviors

Identify the behaviors that you would like to see your child use. Choose a positive or negative consequence for each of the behaviors and the amount for each of the behaviors. Remember to think about the qualities that make consequences effective (i.e., importance, immediacy, frequency, degree, consistency).

Positive

Behavior	Consequence	Amount
1. Asking permission	Staying out later	15 minutes
2.		
3.		
4.		
5.		
6.		

Negative

Behavior	Consequence	Amount
1. Not asking permission	Coming home early	30 minutes
2.		
3.		
4.		
5.		
6.		